

Stage 1 Framlingham - Southwold (Wed 13th June)



Start :	Framlingham, Market Hill
Neutralised section :	6.3km/3.9mi
Stage Distance :	129.7 km or 80.7 miles
Finish :	Southwold, North Parade

Route Details							Estimated Time of Arrival					
kms	kms to go	Miles	Miles to go	Feature	Instruction	Description	Base Speed	Lead Cars	35	38	42	ETA Range
							Duration	15mins	110%	100%	90%	
6.30	0.00	3.90	0.00	Start Neutralised		Market Hill, Framlingham	38	10:15	10:30	10:30	10:30	
0.00	129.7	0.00	80.7	Start Proper		The Street, Hacheston	38	10:30	10:45	10:45	10:45	00:00
2.0	127.7	1.2	79.4	Sign		Lower Hacheston	38	10:33	10:48	10:48	10:47	00:00
2.2	127.5	1.4	79.3	R/about	3rd Exit	B1078 Main Road	38	10:33	10:48	10:48	10:48	00:00
2.8	126.9	1.7	78.9	Sign		Wickham Market	38	10:34	10:49	10:49	10:48	00:00
3.3	126.4	2.1	78.6		Keep Right	B1438 High Street	38	10:35	10:50	10:50	10:49	00:01
6.3	123.4	3.9	76.7	Sign		Ufford	38	10:39	10:55	10:55	10:53	00:01
7.4	122.3	4.6	76.1	Junction	Left	B1438 Yarmouth Road	38	10:41	10:57	10:57	10:55	00:02
8.4	121.3	5.2	75.4	Sign		Melton	38	10:43	10:59	10:59	10:56	00:02
9.8	119.9	6.1	74.6	T.Lights	Straight	B1438 Melton Road	38	10:45	11:02	11:02	10:58	00:03
10.9	118.8	6.8	73.9	Sign		Woodbridge	38	10:47	11:03	11:03	11:00	00:03
11.1	118.6	6.9	73.8	T.Lights	Left	B1438 Lime Kiln Way	38	10:47	11:04	11:04	11:00	00:03
11.6	118.1	7.2	73.4	T.Lights	Straight	B1438 Quayside j/w Hamblin Road	38	10:48	11:05	11:05	11:01	00:03
12.4	117.3	7.7	72.9	M R/about	2nd Exit	B1438 Ipswich Road	38	10:49	11:06	11:06	11:02	00:03
13.0	116.7	8.1	72.6	Junction	Left	Sandy Lane	38	10:50	11:07	11:07	11:03	00:04
13.9	115.8	8.6	72.0		Caution!	Narrow & Low Bridge!	38	10:51	11:09	11:09	11:04	00:04
14.5	115.2	9.0	71.6	T.Junction	Left	The Street	38	10:52	11:10	11:10	11:05	00:04
14.7	115.0	9.1	71.5	Junction	Right	Bealings Road	38	10:53	11:10	11:10	11:05	00:04
15.8	113.9	9.8	70.8	Sign		Little Bealings	38	10:54	11:12	11:12	11:07	00:04
17.0	112.7	10.6	70.1	X.Roads	Left	Hall Road	38	10:56	11:14	11:14	11:09	00:05
18.3	111.4	11.4	69.3	T.Junction	Right	A1214 Main Road	38	10:58	11:16	11:16	11:11	00:05
19.0	110.7	11.8	68.8	R/about	2nd Exit	A1214	38	11:00	11:18	11:18	11:12	00:06
19.9	109.8	12.4	68.3	R/about	2nd Exit	A1214 Main Road	38	11:01	11:19	11:19	11:13	00:06
20.2	109.5	12.6	68.1	T.Lights	Straight	A1214 Main Road j/w Bell Lane	38	11:01	11:20	11:20	11:13	00:06
21.4	108.3	13.3	67.3	T.Lights	Straight	A1214 Main Road j/w Beech Road	38	11:03	11:22	11:22	11:15	00:06
22.6	107.1	14.1	66.6	R/about	2nd Exit	A1214	38	11:05	11:24	11:24	11:17	00:07
22.8	106.9	14.2	66.5	R/about	3rd Exit	A1214 Colchester Road	38	11:06	11:24	11:24	11:17	00:07
23.3	106.4	14.5	66.2	R/about	2nd Exit	A1214 Colchester Road	38	11:06	11:25	11:25	11:18	00:07
24.2	105.5	15.0	65.6	R/about	2nd Exit	A1214 Colchester Road	38	11:08	11:27	11:27	11:19	00:07
25.1	104.6	15.6	65.0	R/about	1st Exit	Tudenham Road	38	11:09	11:28	11:28	11:20	00:07
26.4	103.3	16.4	64.2	T.Junction	Left	Bolton Lane	38	11:11	11:30	11:30	11:22	00:08
26.6	103.1	16.5	64.1	Junction	Right	Soane Street (against No Entry)	38	11:12	11:31	11:31	11:22	00:08
26.8	102.9	16.7	64.0	Junction	Right	Caution! Narrow Entrance into Christchurch Park	38	11:12	11:31	11:31	11:23	00:08
26.8	102.9	16.7	64.0	QoM 1 Cat 3	Start		38	11:12	11:31	11:31	11:23	00:08
27.5	102.2	17.1	63.6	QoM 1 Cat 3	Finish	Christchurch Park, Ipswich	38	11:13	11:32	11:32	11:24	00:08
27.5	102.2	17.1	63.6	T.Junction	Left	Park Road (exit park)	38	11:13	11:32	11:32	11:24	00:08
27.7	102.0	17.2	63.4	T.Junction	Left	Healey Road	38	11:13	11:33	11:33	11:24	00:08
28.4	101.3	17.7	63.0	Junction	Right	High Street	38	11:14	11:34	11:34	11:25	00:08
28.7	101.0	17.8	62.8	T.Lights	Right	A1156 Crown Street	38	11:15	11:34	11:34	11:25	00:09
28.9	100.8	18.0	62.7	R/about	1st Exit	Civic Drive	38	11:15	11:35	11:35	11:26	00:09
29.0	100.7	18.0	62.6	R/about	3rd Exit	Handford Road	38	11:15	11:35	11:35	11:26	00:09

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Stage Distance :	129.7 km or 80.7 miles
Finish :	Southwold, North Parade

Route Details							Estimated Time of Arrival					
kms	kms	Miles	Miles	Feature	Instruction	Description	Base Speed	Lead Cars 15mins	35 110%	38 100%	42 90%	ETA
29.2	100.5	18.2	62.5	T.Lights	Left	Portman Road	38	11:16	11:35	11:31	11:26	00:09
29.7	100.0	18.5	62.2	T.Junction	Right	B1075 Princes Street	38	11:16	11:36	11:31	11:27	00:09
29.7	100.0	18.5	62.2	T.Lights	Right	A137 Chancery Way	38	11:16	11:36	11:31	11:27	00:09
29.8	99.9	18.5	62.1	Junction	Right	Russell Road	38	11:17	11:36	11:32	11:27	00:09
30.2	99.5	18.8	61.9	T.Junction	Left	Sir Alf Ramsay Way	38	11:17	11:37	11:32	11:27	00:09
30.4	99.3	18.9	61.7	T.Junction	Right	A137 West End Road	38	11:18	11:37	11:33	11:28	00:09
30.9	98.8	19.2	61.4	T.Lights	Straight	A1214 Yarmouth Road	38	11:18	11:38	11:33	11:28	00:09
31.5	98.2	19.6	61.1	T.Lights	Left	B1067 Bramford Road	38	11:19	11:39	11:34	11:29	00:09
31.8	97.9	19.8	60.9	T.Lights	Straight	B1067 Bramford Road	38	11:20	11:40	11:35	11:30	00:10
31.9	97.8	19.8	60.8	T.Lights	Straight	B1067 Bramford Road	38	11:20	11:40	11:35	11:30	00:10
33.3	96.4	20.7	59.9	T.Lights	Straight	B1067 Bramford Road	38	11:22	11:42	11:37	11:32	00:10
33.9	95.8	21.1	59.6	Sign		Bramford	38	11:23	11:43	11:38	11:33	00:10
34.2	95.5	21.3	59.4		Keep Left	B1067 Ship Lane	38	11:24	11:44	11:39	11:33	00:10
34.8	94.9	21.6	59.0		Keep Right	Ship Lane	38	11:24	11:45	11:39	11:34	00:10
35.8	93.9	22.3	58.4	T.Junction	Right	B1113 Loraine Way	38	11:26	11:47	11:41	11:35	00:11
38.2	91.5	23.8	56.9	T.Lights	Left	B1113 Loraine Way	38	11:30	11:51	11:45	11:39	00:12
38.4	91.3	23.9	56.8	Sign		Great Blakenham	38	11:30	11:51	11:45	11:39	00:12
39.3	90.4	24.4	56.2	T.Junction	Left	B1113 Stowmarket Road	38	11:32	11:53	11:47	11:40	00:12
43.8	85.9	27.2	53.4	T.Lights	Straight	B1113	38	11:39	12:01	11:54	11:47	00:13
46.0	83.7	28.6	52.0	Sign		Badley	38	11:42	12:04	11:57	11:50	00:14
48.2	81.5	30.0	50.7	Sprint 1		Needham Market	38	11:46	12:08	12:01	11:53	00:15
48.7	81.0	30.3	50.4	T.Lights	Straight	A1308 Needham Road	38	11:46	12:09	12:01	11:54	00:15
49.2	80.5	30.6	50.1	R/about	3rd Exit	A1038 Gipping Way	38	11:47	12:10	12:02	11:54	00:15
50.0	79.7	31.1	49.6	Drinks Start		A1038 Gipping Way	38	11:48	12:11	12:03	11:56	00:15
50.3	79.4	31.3	49.4	T.Lights	Straight	A1038 Gipping Way	38	11:49	12:12	12:04	11:56	00:15
50.3	79.4	31.3	49.4	T.Lights	Right	Navigation Approach	38	11:49	12:12	12:04	11:56	00:15
51.0	78.7	31.7	48.9	R/about	2nd Exit	Mortimer Road	38	11:50	12:13	12:05	11:57	00:16
51.9	77.8	32.3	48.4	R/about	3rd Exit	B1115	38	11:51	12:15	12:06	11:58	00:16
52.2	77.5	32.5	48.2	Sign		Stowupland	38	11:52	12:15	12:07	11:59	00:16
52.8	76.9	32.8	47.8	T.Junction	Left	A1120 Church Road	38	11:53	12:16	12:08	12:00	00:16
54.6	75.1	34.0	46.7	Junction	Left		38	11:56	12:19	12:11	12:02	00:17
55.8	73.9	34.7	46.0	Junction	Right		38	11:58	12:21	12:13	12:04	00:17
56.7	73.0	35.3	45.4	Sign		Middlewood Green	38	11:59	12:23	12:14	12:05	00:17
59.5	70.2	37.0	43.7	X.Roads	Straight	Cross A140	38	12:03	12:28	12:18	12:09	00:18
63.1	66.6	39.2	41.4	T.Junction	Left		38	12:09	12:34	12:24	12:14	00:19
65.2	64.5	40.5	40.1	Sign		Debenham	38	12:12	12:38	12:27	12:17	00:20
66.1	63.6	41.1	39.5	T.Junction	Right	B1077 High Street	38	12:14	12:39	12:29	12:18	00:20
66.8	62.9	41.5	39.1	Sign		Winston	38	12:15	12:41	12:30	12:19	00:21
67.9	61.8	42.2	38.4		Keep Right	B1077 Grange Road	38	12:17	12:42	12:32	12:21	00:21
69.2	60.5	43.0	37.6	T.Junction	Left	A1120	38	12:19	12:45	12:34	12:23	00:21
69.3	60.4	43.1	37.6	Sign		Framsden	38	12:19	12:45	12:34	12:23	00:21
73.4	56.3	45.6	35.0	Sign		Earl Soham	38	12:25	12:52	12:40	12:29	00:23

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Finish :	Southwold, North Parade

Route Details							Estimated Time of Arrival					
kms	kms	Miles	Miles	Feature	Instruction	Description	Base Speed	Lead Cars 15mins	35 110%	38 100%	42 90%	ETA
73.9	55.8	46.0	34.7	T.Junction	Right	A1120 The Street	38	12:26	12:53	12:41	12:30	00:23
76.9	52.8	47.8	32.8	Junction	Right	B1119	38	12:31	12:58	12:46	12:34	00:24
77.9	51.8	48.4	32.2	Sign		Framlingham	38	12:33	13:00	12:48	12:35	00:24
79.0	50.7	49.1	31.5	Sprint 2		Framlingham	38	12:34	13:02	12:49	12:37	00:24
79.4	50.3	49.4	31.3		Keep Right	B1119 Mount Pleasant	38	12:35	13:02	12:50	12:37	00:25
76.9	52.8	47.8	32.8	T.Junction	Left	B1116 College Road	38	12:31	12:58	12:46	12:34	00:24
80.5	49.2	50.1	30.6		Keep Right	B1116 Dennington Road	38	12:37	13:04	12:52	12:39	00:25
83.4	46.3	51.9	28.8	Sign		Dennington	38	12:41	13:09	12:56	12:43	00:26
83.9	45.8	52.2	28.5	T.Junction	Right	A1120	38	12:42	13:10	12:57	12:44	00:26
84.0	45.7	52.2	28.4	Junction	Left	B1116 Laxfield Road	38	12:42	13:10	12:57	12:44	00:26
85.1	44.6	52.9	27.7	Junction	Left	B1118 dir Stradbroke	38	12:44	13:12	12:59	12:45	00:26
85.0	44.7	52.9	27.8	Green Zone	Starts		38	12:44	13:12	12:59	12:45	00:26
85.2	44.5	53.0	27.7	Feed Zone			38	12:44	13:12	12:59	12:46	00:26
86.4	43.3	53.7	26.9	Green Zone	Ends		38	12:46	13:15	13:01	12:47	00:27
87.5	42.2	54.4	26.2		Keep Left	B1118 The Thoroughfare	38	12:48	13:16	13:03	12:49	00:27
88.6	41.1	55.1	25.6	Sign		Brundish	38	12:49	13:18	13:04	12:50	00:27
90.8	38.9	56.5	24.2	Sign		Wilby	38	12:53	13:22	13:08	12:54	00:28
93.2	36.5	58.0	22.7	Sign		Stradbroke	38	12:57	13:26	13:12	12:57	00:29
94.0	35.7	58.5	22.2	T.Junction	Right	B1117 Church Street	38	12:58	13:28	13:13	12:58	00:29
97.2	32.5	60.4	20.2		Keep Right	B1117 Laxfield Road	38	13:03	13:33	13:18	13:03	00:30
98.7	31.0	61.4	19.3	Junction	Left	B1117 Station Road	38	13:05	13:36	13:20	13:05	00:31
99.9	29.8	62.1	18.5	Sign		Laxfield	38	13:07	13:38	13:22	13:06	00:31
101.0	28.7	62.8	17.8		Keep Right	B1117 Vicarage Road	38	13:09	13:40	13:24	13:08	00:31
104.2	25.5	64.8	15.9	Sign		Ubbeston Green	38	13:14	13:46	13:29	13:13	00:32
106.0	23.7	65.9	14.7		Keep Right	B1117 Church Road	38	13:17	13:49	13:32	13:15	00:33
106.0	23.7	65.9	14.7	Sign		Heveningham	38	13:17	13:49	13:32	13:15	00:33
108.4	21.3	67.4	13.2		Keep Right	B1117	38	13:21	13:53	13:36	13:19	00:34
110.3	19.4	68.6	12.1	Sign		Walpole	38	13:24	13:56	13:39	13:21	00:34
111.9	17.8	69.6	11.1		Keep Left	B1117	38	13:26	13:59	13:41	13:24	00:35
114.3	15.4	71.1	9.6	R/about	1st Exit	London Road	38	13:30	14:03	13:45	13:27	00:36
114.6	15.1	71.3	9.4		Keep Right	Thoroughfare Caution! Narrow	38	13:30	14:04	13:45	13:27	00:36
114.8	14.9	71.4	9.3	M R/about	1st Exit	Angel Link	38	13:31	14:04	13:46	13:28	00:36
114.9	14.8	71.5	9.2	R/about	1st Exit	A144 Saxons Way	38	13:31	14:04	13:46	13:28	00:36
115.1	14.6	71.6	9.1	R/about	3rd Exit	B1123 Quay Street	38	13:31	14:04	13:46	13:28	00:36
116.5	13.2	72.4	8.2	Sign		Holton	38	13:33	14:07	13:48	13:30	00:36
117.6	12.1	73.1	7.5	Sign		Blyford	38	13:35	14:09	13:50	13:32	00:37
119.6	10.1	74.4	6.3		Keep Right	B1123	38	13:38	14:12	13:53	13:34	00:37
122.0	7.7	75.9	4.8	Junction	Right	A145	38	13:42	14:16	13:57	13:38	00:38
122.4	7.3	76.1	4.5	T.Junction	Left	A12	38	13:43	14:17	13:58	13:38	00:38
122.9	6.8	76.4	4.2	Junction	Right	A1095 Halesworth Road	38	13:44	14:18	13:59	13:39	00:38
127.3	2.4	79.2	1.5	Sign		Reydon	38	13:51	14:26	14:06	13:45	00:40
128.7	1.0	80.0	0.6	M R/about	1st Exit	Pier Avenue	38	13:53	14:28	14:08	13:47	00:40

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Route Details							Estimated Time of Arrival					
kms	kms	Miles	Miles	Feature	Instruction	Description	Base Speed	Lead Cars 15mins	35 110%	38 100%	42 90%	ETA
129.3	0.4	80.4	0.2	T.Junction	Right	North Parade	38	13:54	14:29	14:09	13:48	00:40
129.7	0.0	80.7	0.0	Finish		North Parade, Southwold	38	13:54	14:30	14:09	13:49	00:40